



Sala Thai means resting house in the temple. When you go to a temple you will often find monks resting or studying at the Sala.

Thailand is “paradise” not only for its breathtaking beauty and inspiring culture but also for its culinary brilliance. From the adrenaline-rush of Bangkok, the serene seaside towns in the South or the tranquil villages located along the Mekong River, Thai cuisine is as rich as its culture. Uniquely crafted to appeal to all tastes, Thai food combines the best of the flavors, textures, colors and presentation. Add this to the country’s liberal supply of ancient cooking secrets and the Thai hospitality and you will find a culinary treasure trove that offers an enriching and memorable dining experience.

Open Seven Day a Week

Monday - Thursday	11:30 through 8:30
Friday	11:30 through 9:30
Saturday	12:00 through 9:30
Sunday	4:00 through 8:30

4023 Woodland Ave.
Duluth, MN 55803
(218) 728-4822

Welcome to Sala Thai

Appetizers

Angel Shrimp..... \$7.95

Steamed 3 shrimp over the bed of fresh vegetables, cilantro and top with house dressing and roasted sesame.

Shrimp in a Blanket\$7.95

Deep fried shrimp stuffed with pork, carrots, and cellophane noodle seasoned with a blend of flavors and wrapped in rice paper served with a sweet and sour sauce (3 shrimp)

Thai Spring Roll (deep fried 2 in order).....\$3.95

Choice of pork or vegetable rolls, made fresh and deep fried and served with (peanut or sweet and sour sauce)

Chicken Satay (3 skewers in order).....\$5.95

Satay chicken breast marinated in yellow curry, coconut milk and grill to perfection, served with a cucumber salad and peanut sauce.

Thai Salad Roll (Fresh 2 in order)\$3.95

Rice paper noodle, cilantro, carrots, and lettuce wrapped in rice paper and served with house peanut sauce (add: chicken 1.00 shrimp 1.50)

Triple Delight..... \$9.95

2 spring rolls, 2 chicken satay and 2 shrimp in a blanket served with sweet & sour sauce, peanut sauce and cucumber salad

Nam Sod (Spicy Ground Pork or Chicken).....\$6.95

Fresh ground pork cooked with ginger, crushed roasted peanuts, lime juice, lemon grass, chili pepper, and served with fresh cabbage (hot optional by request)

Mussel in Oyster Sauce\$6.95

Sautéed steamed mussel with oyster sauce, fresh basil, strips of red and green pepper (hot optional by request)

Chicken Wings.....\$6.95

Seasoned Chicken wings (6) deep fried serve with oyster sauce and fresh scallions

Cream Cheese Wonton (6 in order) \$6.96

Papaya Salad (seasonal option).....\$5.95

Grated fresh papaya crushed with pepper, garlic, fish sauce, lime juice, tomatoes, roasted peanut, and a dash of sugar.

Check with your server if you have food allergies

Notice, prices may change without notice based on market price of meats and vegetables.

Gratuity of 15% will be added for a group of 6 or more people.

Note: All vegetables listing on these dishes may be switch up from day to day depending on the availability.

Chicken Entrees

Chicken Spicy Cashew	\$12.95
Chicken sautéed with the house roasted chili paste, yellow bean sauce, top with scallion, red & green pepper, celery, snow pea, roasted cashew, other house vegetables. (little on the dry side but tasty!)	
Chicken Cashew	\$11.95
Chicken sautéed with roasted cashews. onions, scallions, mushrooms and celery tasty creamy sauce.	
Chicken Ginger	\$10.95
Chicken sautéed with julienne ginger, scallions, snow pea pods, mixed vegetables and mushrooms in a special Thai sauce.	
Chicken Basil	\$10.95
Chicken sautéed with house special roasted chili paste, Thai sauce, snow pea pods, mixed vegetables, mushrooms, onions and topped with fresh basil	
Chicken Red Curry	\$11.95
Chicken sautéed in snow pea pods, baby corn, mushrooms, bamboo shoots, mixed vegetables and simmer with house red curry sauce that made with fresh coconut milk and top with fresh Thai basil.	
Chicken Massaman	\$11.95
Chicken sautéed in potato, onion, apple, carrot, baby-corn, red and green peppers and simmered with house peanutty Massaman sauce that made with fresh coconut milk(chicken may be substituted for beef)	
Chicken Prik King	\$11.95
Chicken sautéed and blended with special spicy house chili paste, andstrips of carrot, green beans, onions and flavored with lime leaves	
Chicken with Vegetables	\$10.95
Chicken sautéed with snow pea pods, mixed vegetables, mushrooms, baby corn and flavored with oyster sauce	
Chicken Sweet and Sour	\$10.95
Chicken sautéed with pineapples, baby corn, red and green peppers, onions , cucumbers, tomatoes, scallions and house sweet and sour sauce	
Chicken Green Curry	\$11.95
Tender white chicken breast sautéed in green curry paste and coconut milk, with seasoned vegetables (check with your server for seasonal changes)	
Chicken Sesame (spicy) Dine In only	\$11.95
seasoned, breaded , deep fried then sauteed in our home made sesame sauce	

Entrees selections are served with steamed Jasmine rice

We do not add MSG

Check with your server if you have food allergies

Prices are subjects to change without notice

Beef Entrees

Beef Larb	\$12.95
Seared chopped beef (no oil) flavored with cilantro, fish sauce, hot pepper and fresh lime juice, served with fresh vegetables, (a very traditional dish from Northeastern Thailand). If you have never had it, please ask your serve for details	
Beef Salad	\$13.95

Grilled sirloin steak sliced into thin strips mixed with lime juice, fish sauce, ground red pepper, cilantro and scallions served over a bed of vegetables.

Beef Broccoli\$11.95

Beef sliced, sautéed and blended with fresh broccoli, mushrooms, carrots, onions, and oyster sauce

Beef Red Curry.....\$12.95

Beef thin sliced and sautéed with our house red curry sauce, coconut milk, snow pea pods, baby corn, mushrooms, bamboo shoots, red and green peppers, and other seasonal vegetables.

Beef Green Curry\$12.95

Thin sliced beef sautéed with our house green curry sauce, coconut milk, snow peas, baby corn, mushrooms, bamboo shoots, and other seasonal vegetables (check with your server for seasonal changes)

Beef Basil\$12.95

Chicken sautéed with special roasted chili paste, Thai sauce, snow pea pods, mixed vegetables, mushrooms, onions and topped with fresh basil

Seafood Entrees

Curry Talay\$14.95

Combination of shrimp, squid, scallops, and mussels sautéed in house curry sauce that made with a fresh blended coconut milk and house choice of vegetables.

Seafood Combo.....\$13.95

Combination of delicate seafood (shrimp, squid, scallops, and mussels) pineapple, red and green peppers, baby corn, onion, mushrooms, bamboo shoots stir fried in house sauce.

Seafood Adventure.....\$13.95

Combination of seafood (shrimp, squid, scallops, and mussels) stir fried in house roasted chili paste and special sauce, with baby corn, bamboo shoots, mushrooms, onions, other vegetables and topped with fresh basil.

Seafood Sweet and Sour\$13.95

Combination of shrimp, squid, scallops, and mussels, stir fried in house sweet & sour sauce with green and red peppers, onions, pineapple, tomatoes, Cucumber, and scallions.

Talopia Fish (choice # 1 or # 2.....\$14.95

A fillet of talopia lightly pan fried and top with one of these sauce, **please pick one**

1. Triple flavor sweet, sour, and spicy sauce
2. Spicy sauce

Vegetable Entrées

Vegetable Delight.....\$9.95

Stir fried assorted vegetables in yellow bean sauce, broccoli, red and green peppers, onions, mushrooms, snow pea pods and baby corn

Vegetable Basil.....\$9.95

Stir fried assorted vegetables in roasted chili paste, and special Thai sauce, and topped with fresh basil leaves

Vegetable Tofu.....\$10.95

Stir fried tofu in yellow bean sauce, vegetables and oyster sauces

Vegetable Curry \$10.95 / Tofu Curry.....\$11.95

Sauteed mushrooms, red & green peppers, and mixed seasonal vegetables in house curry sauce.

Vegetable Sweet and Sour\$9.95

Sautéed cucumbers, tomatoes, pineapple and vegetables in our house sweet and sour sauce

Fresh and Crispy Vegetable Salad\$9.95

Diced cabbage, cucumbers, bean noodles, tomatoes, graded carrot mix, topped with cilantro, fish sauce, lime juice and roasted ground chili

Rice and Noodles

Pad Thai – Vegetable, Chicken, or Beef\$10.95

The most famous Thai riches noodle dish stir fried in our house blended sauce and served with slice of lime sprinkle of crushed roasted peanut (crushed dried red pepper on request) with Shrimp \$12.95

Pad Rahd Nah (choices roasted pork, chicken, beef, or tofu).....\$10.95

Stir fried one of your choices of meats with Chinese Broccoli served over a bed of sauté noodle and serve with Chili vinegar

Thai Fried Rice -Vegetable, Chicken, or Beef.....\$9.95

Stir fried rice with peapods, baby corn, onion, and mixed vegetables with Shrimp \$12.95

Curry Fried Rice - Vegetable, Chicken, or Beef.....\$10.95

Stir fried rice blended with pineapple, raisins, baby corn, snow pea pods, red and green peppers, onions, and mixed vegetables with Shrimp \$12.95

Basil Fried Rice - Vegetable, Chicken, or Beef\$ 10.95

Sauteed in garlic, onion, house choice of vegetable, house sauce and top with fresh basil
With shrimp \$12.95 (more spicy upon request)

All Entrees selections are served with steamed Jasmine rice

We do not add MSG

Check with your server if you have food allergies

Gratuity of 15% will be charge for a group of 6 or more

Soups

(Served as Entrée)

Tom Yum Seafood\$12.95

Mixed shrimp, squid, scallops, and mussels in hot chili soup paste, seasoned with Thai herbs mixed with vegetables, cilantro and fresh lime juice

Tom Ka Seafood.....\$12.95

Mixed shrimp, squid, scallops and mussels in coconut milk, chili soup paste, seasoned with Thai herbs - mixed with vegetable and topped with fresh lime juice and cilantro.

Tom Yum Chicken.....\$9.95

Chicken breast blended with Thai herbs, Thai chili soup paste, vegetables, tomatoes and topped with lime juice, scallion and cilantro.

Tom Ka Chicken.....\$10.95

Chicken breast blended Thai herbs, Thai chili soup paste, vegetables, tomatoes and

coconut milk topped with lime juice, scallions and cilantro

Desserts

Check with staff on availability

Pumpkin Custard\$3.50
Fresh sliced pumpkin added to steamed coconut custard

Sweet rice and Mango (Khoaneo Marmuing).....\$3.50
Traditional Thai Sweet rice steamed with coconut cream and sugar served with slices of ripe mango.

Fried Banana with Vanilla Ice Cream..... \$ 3.50
House special battered and deep fried served with vanilla ice cream and top with chocolate sauce.

Ice Cream Sundaes.....\$ 3.50
Vanilla ice cream topped with whipping cream, crushed peanut, and chocolate.

Beverages

Hot Drink

Coffee \$1.50
Tea \$1.50

Cold Drink

Thai Iced Coffee \$3.00
Thai Iced Tea \$3.00

For the beer and wine, please see the beer and wine list.

Picture ID is Required for beer and wine order.

Please dine with comfort because our chef takes a special pride in the preparation!