



# Let's Do Lunch!

Full Service Catering

## January & February Specials...

**Sunshine Budget Specials**  
**\$10 per person Inclusive!**

For groups of 15 and larger only.

Delivery up charge may be added to deliveries outside the included zone call for details.

### **Entrée, Side, Salad, Beverage & Dessert**

Your Choice of 1 Entrée 1 Side & 1 Salad

Groups of 30 or more your choice of 2 entrées, 2 sides & 2 salads.

**Entrées** \*Southern Charm Chicken Crispers \*Chicken Spedini

\* Slider Bar *Burgers, Crispy & Grilled Chicken*

\*Asiago Artichoke Chicken \*Chicken *or* Eggplant Parmesan

*Light & Healthy Options* \*Fiesta Lime Chicken \*Lemon Chicken

### **Sides**

\*Twice Baked Pots. \*Green Beans & Potatoes

\*Caesar

\*Mac-n-Cheese \*Mashed Pots. & Gravy

\*Garden

\*Baked Cheese Ravioli

\*Pasta Salad

### **Beverages**

Tea & Lemonade or Bottled Water

Cookies

### **Salads**

\*Italian Salad

\*Spring & Summer

\*Fiesta Ranch

### **Dessert**

Chocolate Chip

Breakfast \* Lunch \* Dinner \* Snacks

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**Curbside Pick Up Special**

Call or text us when you arrive and we will deliver your order to your car packed and ready to travel.

**Pasta, Green Salad, Italian Bread & Butter or Wraps or Cocktail Sandwiches, Pasta or Green Salad & Potato Chips**

15 people ... \$75    20 people ... \$100  
25 people ... \$125    30 people ... \$150

## More Specials...

**Ginger Sesame Chicken Sauté** \$7 per person

Ginger sesame marinated chicken sautéed with veggies & rice & served with a salad.

**Teriyaki or Sweet Chili Chicken Stir Fry** \$7 per person

Chicken with your choice of teriyaki or sweet chili sauce with stir-fry veggies and rice & served with a salad.

## The Lighter Side Entrées

★ *Introducing some New & Healthy Ways to Start 2012* ★

🌱 **Ginger Sesame Chicken Sauté** \$7 per person

Ginger sesame marinated chicken breast sautéed with stir fry veggies & rice. Served with salad.

🌱 **Sweet Chili Glazed Salmon** \$9.25 per person

Served with side & salad.

🌱 **Plum Chicken** \$8 per person

Chicken breast with a light plum glaze & veggies. Served with side & salad.

🌱 **Pan Seared Chicken** \$8 per person

Chicken breast hot seared & sautéed with pan jus. Served with side & salad.

🌱 **Wham Bam Chicken** \$8 per person

Chicken breast seasoned with a little "Island Heat" & sautéed with sweet bell peppers & veggies. Served side & salad.

🌱 **Hula Chicken** \$8 per person

Chicken breast marinated with all the flavors of the islands and topped with a citrus mango salsa. Served side & salad.

**Chicken Grill** \$8 per person

Chicken breast served with seasoned garden rice, asparagus, portabella mushrooms & roasted seasonal veggies and Side, Salad and Bread & Butter. Your choice of **Teriyaki or Sweet Chili Sauce** can't decide? We can leave the chicken naked with nothing but light seasoning.

**Very versatile option!** You can put chicken on your salad or enjoy one of our great sauces.

We can also serve the veggies & rice on the side for **vegetarians**.

*Or try our* **Mixed Grill** \$9.50 per person

With **Beef Tenderloin, Shrimp & Chicken**

**Jamaican Jerk Chicken** \$8 per person

Chicken breast tenderloins seasoned with a dry Caribbean rub seared on the grill and then baked to keep it juicy.

Served with Caribbean rice & black beans and Island Salad.

**Fiesta Lime Chicken** \$8 per person

Lime & cilantro marinated chicken breast served with fresh Pico.

Served with Side, Salad & Bread & Butter

**Lemon Chicken** \$8 per person

Chicken breast seasoned with lemon pepper and topped with light sauce with a hint of fresh lemon & fresh parsley. Served with Side, Salad & Bread & Butter

**Asiago Artichoke Chicken** \$8 per person

Chicken breast tenderloins baked with Italian breadcrumbs topped with artichokes and asiago cheese. Served with Side, Salad & Italian Bread & Butter

## Let's Do Lunch Favorites

*Introducing our New Let's Do Lunch Favorites*

🌱 **White Cheddar Macaroni** baked with Panko Breadcrumbs    🌱 **Baked Potato Soup**

**Southern Charm Chicken** \$8 per person

Fried boneless chicken breast tenders with our house made batter served with sides of hot & barbeque sauces. Served with Side, Salad & Honey Buttered Biscuits.

**Taco Bar** \$8 per person

Shredded chicken & ground beef, rice & black beans, Fiesta Ranch Salad, chips & salsa, queso dip, crunchy & soft shells with all the fixins.

*Or try our* **Steak & Chicken Fajita Bar** \$9.50 per person

**Enchiladas** \$8 per person

**Chicken with Pablano Cream, Beef with Ranchero Sauce and Bean & Cheese** *Great Vegetarian Option!*

Served with rice & black beans, Fiesta Ranch Salad and queso dip with chips & salsa.

**Monterey Chicken** \$8.50 per person

Chicken Breast brushed with barbeque sauce and topped with bacon, Monterey jack cheese and garnished with green onions & diced tomatoes. Served with Side, Salad & Italian Bread & Butter or Honey Buttered Biscuits

**Chicken Spedini** \$8 per person

Chicken breast tenders rolled in bread crumbs and topped with our creamy Italian cheese & mushrooms sauce. Served with Side, Salad & Italian Bread & Butter

**Slider Bar** \$8 per person

Burgers & Crispy or Grilled Chicken served with all the condiments so you can dress it just the way you like it. Served with Side & Salad

### **Chicken Spinoche** \$8.50 per person

Chicken stuffed with spinach, tomatoes, cheeses topped with a cream sherry sauce. Served with Side, Salad & Italian Bread & Butter

### **Beef Tenderloin Tips** \$9.50 per person

Fresh garlic & thyme marinated tenderloin tips sautéed and topped with a red wine demi glaze. Served with Side, Salad & Italian Bread & Butter

### **Eggplant Parmesan** \$8 per person

Fresh eggplant bread & lightly fried and served in a marinara sauce topped with parmesan & provol cheese. Served with roasted veggies, Salad and Italian Bread & Butter

### **Appetizer Bar** \$8 per person

Boneless Chicken Wings (Buffalo & Sweet Chili Sauces are available)

Toasted Ravioli with Marinara Sauce

Fresh Fruit Tray with Cheese Cake Dip

Vegetable Tray or Green Salad

Cocktail Sandwiches *with Condiments on the Side*

## **Sandwiches, Wraps & Melts**

Served with your choice Salad and Potato Chips or Chips & Salsa

### **Hot Sandwiches** \$6.75 per person

Served on Toasted Hoagies

Italian Sub \* Classic Poor Boy

Roast Beef on Cheese Garlic Bread \* Sautéed Portabella

Let's Do Lunch Turkey Club

Southern Style Crispy Chicken or Grilled Chicken Sandwich

### **Cocktail Sandwiches** \$6 per person

Served cold on dollar rolls

Smoked Turkey \* Our Famous Chicken Salad \* Roast Beef \* Honey Ham

### **Melts** \$6.75 per person

Served on Grilled Sourdough

Grilled Chicken \* Roast Beef \* Smoked Turkey \* Honey Ham

All sandwiches served with condiments on the side so you can

Dress it just the way you like it.

### **Cold Wraps** \$6 per person

Served cold & cut in half.

**Buffalo Chicken Wrap** Buffalo chicken crispers with ranch & romaine lettuce.

**Turkey Ranch Wrap** Smoked turkey & cheese with romaine, tomatoes & ranch.

**Asian Chicken Wrap** - *Also available vegetarian!* Baby field greens, strawberries, oranges, red onion, chow-mien noodles and finished with our raspberry vinaigrette.

**BLT Wrap** *A Classic!* Bacon, romaine lettuce, tomatoes and mayo.

**Fiesta Chicken Wrap** Grilled chicken, romaine lettuce, tomatoes, green onions, black olives, cheddar cheese, tortilla strips topped with our mexi-ranch dressing

**Chicken Caesar Wrap** Grilled chicken, romaine, parmesan & Caesar dressing.

**Grilled Chicken Wrap** Grilled chicken, American, romaine, tomatoes & mayo.

**Cowboy Ranch** Chicken crispers, BBQ sauce, cheddar, romaine & ranch dressing.

**Garden Veggie Wrap** - *Great Vegetarian Option!* Provel and American cheeses, romaine, tomatoes, cucumbers, green onion, black olives, peppers & Italian.

**Balsamic Bleu Spinach Wrap** - *Great Vegetarian Option!* Baby spinach, candied walnuts, strawberries, bleu cheese crumbles and our balsamic vinaigrette.

**Island Wrap** - *Great Vegetarian Option!* Baby field greens tossed with strawberries, oranges, grapes, candied walnuts, parmesan and our famous tropical poppy seed.

**Box Lunches available for an additional \$1 per person**

## **Let's Do Lunch** Signature Salads

**Spring & Summer Salad** *Let's Do Lunch Favorite!*

Field Greens, pears, parmesan cheese, walnuts and our tropical poppy seed dressing

**Island Salad** Field Greens, strawberries, grapes, oranges, parmesan cheese, walnuts & our tropical poppy seed dressing.

**Christmas Salad** Romaine lettuce, cranberries, strawberries, glazed walnuts & bleu cheese crumbles on side with balsamic dressing

**Greek Salad** Romaine, tomatoes, feta, cucumbers & Aegean vinaigrette dressing.

**Balsamic Bleu Salad** Romaine, bleu cheese, tomatoes, walnuts & balsamic dressing.

**Asian Salad** Field Greens & romaine, oranges, strawberries, provol cheese, cashews, chow mien noodles fat-free raspberry vinaigrette

**Fiesta Salad** Romaine, iceberg, cheese, tomatoes, onions, tortilla strips, mexi-ranch

**Garden Salad** Romaine & iceberg, cheddar, tomatoes, cucumbers, pimentos, croutons and Italian & Ranch dressings.

**Italian Salad** Romaine, iceberg, provol & parm cheese, pimentos, cucumbers & vinaigrette.

Tortellini Salad Tri-color cheese tortellini, olives, pimentos, parmesan & vinaigrette.

## Soup & Salad Bar \$7 per person

\* Loaded Potato Soup *Let's Do Lunch Favorite!*

Served with Shredded Cheese, Bacon Crumbles & Green Onions on the side

\*Chicken Noodle \*Burgershire Soup

\*Vegetable \*Chicken & Corn Chowder

We recommend Chef Salad or Spring & Summer Salad with Grilled Chicken

(see menu for complete list of salad options)

And Bread & Butter

## Pastas \$6 - \*\$7 per person

Veggie Wheat Pasta ~ Pasta con Broccoli ~ Penne Alfredo

\*Baked Beef & Cheese Ravioli \* Cannelloni

\*Lasagna (Traditional & White Veggie)

Cajun Pasta ~ Tortellini Alfredo with Veggies

Add Grilled Chicken for \$1 per person Add Shrimp for \$2 per person

## Breakfast

Frittatas .... \$7

★ *New Let's Do Lunch Favorite!* ★

\*Ham & Cheese \*Sausage & Cheese

\*Spinach Mushroom & Cheese *Great Vegetarian*

*Option!*

Served with Fresh Fruit & Juice.

**Hot Breakfast** .... \$9 *Let's Do Lunch Favorite!*

French Toast or Biscuits and Gravy

Served with Eggs, Bacon *or* Sausage, Fresh Fruit with Granola & Yogurt & Juice

**Breakfast Bar** .... \$7.50

Breakfast Sandwiches

(available on Grilled Texas Toast, Biscuits or English Muffins)

Fresh Fruit with Granola & Yogurt & Juice.

## Pancake Breakfast.... \$9

Pancakes served with Eggs, Bacon *or* Sausage, Fresh Fruit with Granola & Yogurt & Juice.

## Continental Breakfast.... \$6.50

Bagels & Cream Cheese, Pastries, Fresh Fruit with Granola & Yogurt & Juice.

All of us here at **Let's Do Lunch** are excited to celebrate our eighth year in the full service catering business! We pride ourselves on our quality ingredients, great service and the extra little details that make a breakfast, lunch or dinner program extra special. We request a minimum of 10, but are willing to make exceptions. We have many choices on the menu but love to customize menus too! Please let us make your life a little easier.

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Pharmaceutical Lunches \* Corporate Events \* Box Lunches

Weddings \* Social Events



## Accessories & Add Ons

**Sides** \*Green Beans & Red Potatoes \*Sweet Potato

Casserole

\*Mac-n-Cheese \*Italian Roasted Potatoes \*Roasted Veggies

\*Twice Baked Potatoes \*Baked Potato Bar \*AuGratin Potatoes

\*Hash brown Potato Casserole

**White** Cheddar Macaroni baked with Panko Breadcrumbs

## **Beverages** Bottled Water & Soda

Coke, Diet Coke, Sprite, Diet Dr. Pepper and more ...\$1 per person

Tea and Lemonade Served with ice & cups. \$6 per gallon

## **Desserts**

Variety Tray Dessert Bars, Carrot Cake, Cookies & Brownies \$1.50 per person

Cookies & Brownies Only \$1 per person

Cookies Only \$0.75 per person

## **Platters & Trays**

Fresh Fruit Tray Small Tray (10-15 people).... \$35 Large Tray (20-35 people).... \$55

Cheese & Cracker Tray Small Tray (10-15 people).... \$30 Large Tray (20-35 people).... \$50

Veggie Platter Small Tray (10-15 people).... \$25 Large Tray (20-35 people).... \$50

Shrimp Cocktail Platter Small Tray (10-15 people).... \$45 Large Tray (20-35 people).... \$90

Spinach Artichoke Dip with Tortilla Chips Small Tray (10-15 people).... \$45

Boneless Chicken Wings Small Tray (10-12 people).... \$38 Large Tray (20-25 people).... \$58

Queso Dip with Tortilla Chips Small Tray (10-15 people).... \$27

Chips & Salsa with Tortilla Chips Small Tray (approx 15 people)....\$20

Chicken Quesadillas with Salsa & Sour Cream Small Tray (10-12 people).... \$45

Toasted Ravioli with Marinara Sauce Small Tray (100 ravs).... \$38 Large Tray (200 ravs).... \$70